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## Customer Reviews

210

4.4 out of 5 stars

5 star  73%4 star  13%3 star  6%2 star  3%1 star  5%

## NOW Foods Cayenne, 500mg, 250 Vc...

by [NOW Foods](#)Package Quantity: 1 [Change](#)Price: **\$10.44** + Free shipping with Amazon Prime[Rate this item](#)[Write a review](#)[Add to Cart](#)[Add to Wish List](#)

## Top positive review

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26 people found this helpful

**I don't get sick anymore**

By Deborah Larson on October 21, 2016

I've had problems for YEARS getting sick with sinus and upper respiratory infections. It started with a cold and always built into something more. With the MANY benefits of cayenne, I'm feeling much better. My nose isn't constantly plugged anymore. I have limited post nasal drip, and I can sleep all night and breathe through my nose. This has definitely been a life saver for a long time

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## Top critical review

[See all 29 critical reviews](#) ›**Three Stars**

By Thomas Mork on March 17, 2017

not to sure its helping but be prepared it warms your belly

**\$5.00 off coupon**

on Crest 3D White Whitestrips with Light, 10 ct.  
Offer ends on or before Apr 30, 2017

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**i have to half empty the capsules to even attempt it**By [Grranimal](#) on January 4, 2015Package Quantity: 1 **Verified Purchase**

Not perfect because it burns my stomach

[Comment](#)

2 people found this helpful. Was this review helpful to you?

Yes

No

[Report abuse](#)**Great product -- this works great on acid/heartburn -- just ...**By [Bobbie B](#) on December 14, 2014Package Quantity: 1 **Verified Purchase**

Great product -- this works great on acid/heartburn -- just make sure to drink lots of water when taking. Cayenne has so many health benefits, and this brand is fantastic.

[Comment](#)

4 people found this helpful. Was this review helpful to you?

Yes

No

[Report abuse](#)**Serve with cheese ... don't take on a less than full stomach or amazing heartburn will****ensue**By [-Dan](#) on December 11, 2014Package Quantity: 1 **Verified Purchase**

DEFINITELY take this on a full stomach, especially with a chunk of cheese. This is a rather heavy dose of potent cayenne pepper and severe heartburn will result if taken with an unprepared stomach. It will burn for hour. They warn about this on the label that they also sell a milder version. I'll be doing that next time. I have over 200 of these capsules left and might just throw them out ... or make a sadistic Tex/Mex chile.

[2 comments](#)

61 people found this helpful. Was this review helpful to you?

Yes

No

[Report abuse](#)**Works without setting my innards on fire**By [DGore](#) on November 23, 2014Package Quantity: 1 **Verified Purchase**

I take six per day for inflammation. Works without setting my innards on fire.

[Comment](#)

One person found this helpful. Was this review helpful to you?

Yes

No

[Report abuse](#)**Questions? Get fast answers from reviewers**

What do you want to know about NOW Foods Cayenne, 500mg, 250 Vcaps?

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188

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138

[Cayenne Pepper Capsules - 90 Kosher Caps - Now with 500mg Organic Cayenne Pepper Fruit...](#)

by Pure Mountain Botanicals

**\$15.67**

45

**Five Stars**By [C. Dickens](#) on November 5, 2014Package Quantity: 1 **Verified Purchase**

Awesome supplement for cutting fat and building metabolism - and at a GREAT price / value ratio!

[Comment](#)

5 people found this helpful. Was this review helpful to you?

[Report abuse](#)[Nature's Way Cayenne Pepper, 450 mg, 180 Capsules \(Pack of 2\)](#)

by Nature's Way

**\$18.08**[122](#)**Five Stars**By [Spindy](#) on October 16, 2014Package Quantity: 1 **Verified Purchase**

Thus far, always quality products.

[Comment](#)

One person found this helpful. Was this review helpful to you?

[Report abuse](#)Need customer service? [Click here](#)**Five Stars**By [terry](#) on October 9, 2014Package Quantity: 1 **Verified Purchase**

Arrived in good time.

[Comment](#)

Was this review helpful to you?

[Report abuse](#)**I thought it does not have Gelatin, because the ...**By [xxgoldx](#) on October 8, 2014Package Quantity: 1 **Verified Purchase**

I thought it does not have Gelatin, because the ingredients listed doesn't show gelatin, however when I received this product the ingredients list had gelatin. I can't have gelatin for religious reasons. :(

[1 comment](#)

7 people found this helpful. Was this review helpful to you?

[Report abuse](#)**Five Stars**By [nathan p.](#) on September 30, 2014Package Quantity: 1 **Verified Purchase**

as described

[Comment](#)

Was this review helpful to you?

[Report abuse](#)**Five Stars**By [olman Arnesto Moya](#) on September 24, 2014

Package Quantity: 1

ok

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